

# Reiki 1 and 2 in Japan



We are offering you the unique opportunity to take your Beginner to Practitioner Reiki training in Sensei Usui's homeland, Japan, from Tuesday 12th. The course will take place in Kyoto, home of hundreds of shrines, temples, gardens and palaces, and of course, Mount Kurama, where Sensei received the gift of Reiki.

Classes will take place in a traditional Japanese machiya, and you will have access to this space during the day to study, socialise and practice Reiki.

There will be several opportunities for sightseeing and cultural experiences. The highlight of our visit will be a trip to Mt Kurama. The energy here is tangible, and we will hike to the top for a meditation where Sensei Usui first received the gift of Reiki.

The Reiki I and Reiki II course content will be spread out throughout the week. You will also enhance your Reiki skills with a meditation class and a calligraphy class.

This will be an unforgettable physical and spiritual journey!

Date	From 4pm Tuesday 12th	to 10am Monday 18 <sup>th</sup> November 2024
Venue	Kyoto, Japan	
Fee	£1,695	Includes: teaching, excursions, public transport and activities as below

Excluded : Flights, airport transfers, accommodation and meals (other than the gala dinner)

Included in the Teaching:-

- Reiki I – what Reiki is, how to use it, the chakra system, self-healing, healing others, grounding & protection
- Reiki II – the symbols, distance healing, emotional healing, running a Reiki practice
- Both levels include practice, an attunement, manual and certificate



Included in the Holiday:-

- Visit to a local onsen or sento (indoor bathing)
- Meditation class and calligraphy class
- Trip to Mount Kurama (incl. travel and entry fee)
- Visits to Kinkakuji (Golden Temple), Fusimi Inari Shrine and Ryoanji (Japanese garden) (including travel and entry fees)
- Gala dinner
- Daily bus pass for travel around Kyoto



# Your Reiki Master Teacher

## Jacqueline Raison

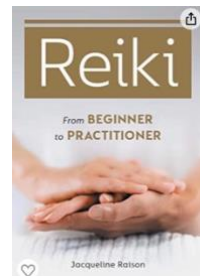


Jacq has been a keen practitioner of complimentary therapies for over 25 years. After initially practising Homeopathy, herbalism and working with the Silva method she came across Reiki in 2014 and became fascinated with this method of healing.

She completed her Reiki Master Teacher certificate in Japan and since then has attuned over 300 students to Reiki. Her primary goal in teaching Reiki is to ensure each student finds a real and practical way to incorporate Reiki into their daily life. She loves to find innovative ways to use Reiki. Her book, "Reiki From Beginner to Practitioner" is available on Amazon.

As well as the Usui Reiki system, Jacq has learned the Japanese style of Reiki to the highest level, Karuna Reiki, dowsing, Animal Reiki and has an in-depth knowledge of the chakra system.

Before moving to Japan she had a thriving Reiki practice in the beautiful S. Oxfordshire countryside assisting Clients with many issues including:



Health – ME, MS, arthritis, anxiety, stress, weight-loss, pain relief, ligament damage, jet lag, fatigue, libido, joint pain and food poisoning

Personal Development – interview preparation, exam nerves, dispute resolution, goal setting, public speaking, manifestation

Before becoming a full-time healer and teacher, Jacq worked in the corporate world for over 30 years as Lawyer, Company Secretary and Head of Legal. She coached and mentored senior executives with a particular focus on leadership, communication skills, emotional intelligence and work-life balance.

She has had first-hand experience of juggling a busy office-based role with bringing up children and a constant yearning for personal and spiritual growth.

Now living in Japan with her husband, dog and cat, she is very much looking forward to you welcoming you to Kyoto.



The Reiki  
School  
靈氣



## *Booking Form*

Please complete one booking form per student.

First Name		Family name	
Your exact name for your certificate			
Date of Birth		Gender	
Home Address			
Post/zip code			
Mobile Phone		Email	
Passport Number		Passport expiry date	
Dietary requirements <sup>1</sup>		Special needs	
Next of kin address			
Phone			
Costs	Number	Cost per Person	Total
Students	1	@ £1,695 each	£1,695
Holiday guest <sup>2</sup>		@ £700 each	£
Total payable (Total must be paid 60 days prior to class)			£
Payment			
I am paying	Select: Deposit (£250). OR. Balance of		£
Please pay Jacqueline Raison via bank transfer:- Sort code 16-33-45 Account Number 11172409 BIC RBOS GB 2L IBAN GB61 RBOS1633 45111 72409 (Please note that the QR code has a maximum limit of £250)			 <small>Scan to pay JACQUELINE RAISON</small>

<sup>1</sup> Please be aware that Japan is culturally very different from the West, and they do not necessarily understand all dietary requirements. I will help you as much as possible, but you may need to eat at a select number of restaurants, or skip some elements of set meals.

<sup>2</sup> Although the retreat is designed for solo travellers, some students choose to bring a family member or friend. If you do this the companion can join us for all the non-teaching activities (eg sightseeing, calligraphy and meditation classes) as a holiday guest.

## Booking conditions

- **Pre-Requisites.** To participate in the Reiki Masters course, you must already have Reiki I and II at a face to face class. Please send copies of your certificates and lineage. There are no pre-requisites for Reiki I and II
- **Payment.** A non-refundable deposit of £250.00 per person is required for your booking to be confirmed. The balance is payable 60 days before departure. If your booking is made within 60 days of the departure date, then the full amount is payable at the time of booking. All payments must be made in either British £ or US \$.
- **Cancellation.** In the unlikely case that the holiday is cancelled by The Reiki School the full deposit and any other payments will be returned. In the event of cancellation by you I will try to re-sell your place. However if I cannot re-sell your place I will be unable to provide a refund. Please take out travel insurance!
- **Flights.** You will need to book and pay for your own flight. PLEASE BE AWARE IF YOU TRAVEL FROM EUROPE, US or CANADA, YOUR FLIGHT WILL ARRIVE THE DAY AFTER YOU LEAVE. Please ensure you arrive in Kyoto in good time for the start of the course, and preferably a day or so earlier to allow for jet lag. You can fly either to Osaka Kansai International Airport, Tokyo Haneda airport or Tokyo Narita airport. Osaka is closest - there is a direct train to Kyoto leaving from the Kansai International (Osaka) airport and a short taxi ride to the hotel. If you travel via Tokyo you will need to take the Shinkansen (bullet train) to Kyoto. This will take 3 hours from Haneda airport, and 4.5 hours from Narita. Travel directions and a blog explaining how to do it will be sent closer to the date.

PLEASE DO NOT BOOK YOUR FLIGHT UNTIL I HAVE ADVISED THAT I HAVE HAD SUFFICIENT BOOKINGS TO RUN THE COURSE.

- **Passport.** Please make sure your passport is valid for at least six months past the end of the trip and that you have got a travel visa should this be required for the country you are traveling from. So please check your immigration requirements as we have participants from all over the world.
- **Vaccinations.** You do not need a covid vaccination to visit Japan.
- **Companions.** Partners/friends that do not wish to take part in the course are welcome and can be included in all other activities if you include them as a Holiday Guest on the booking form.
- **Changes.** Japan sometimes experiences typhoons, earthquakes and tropical rain which might make it necessary for changes to the advertised programme. We cannot be held responsible for the consequences of natural misfortunes.
- **Kurama.** Our day trip to Mount Kurama involves climbing many steps and a long walk uphill so you need to be reasonably fit to manage the hike. There are warning signs for encounters with snakes/bears/poisonous wasps. I haven't ever seen any, however please be aware that you walk there at your own risk.
- **Dietary.** Please be aware that Japan does not really understand what 'vegan' entails. Even food labelled "vegetarian" can use fish products. We will try to help you find vegetarian and vegan meals if required, but please note that you might not be able to get a fully vegetarian or vegan meal every mealtime.
- We are not a travel agency and we cannot take any responsibility for any loss or damage to luggage, medical problems or injuries obtained on any of our excursions. The full extent of our liability will be to refund your payment. Please make sure you have good travel insurance cover.

I have understood and agree to the booking conditions above

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Signed

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Date